

Assignment #8: Solutions

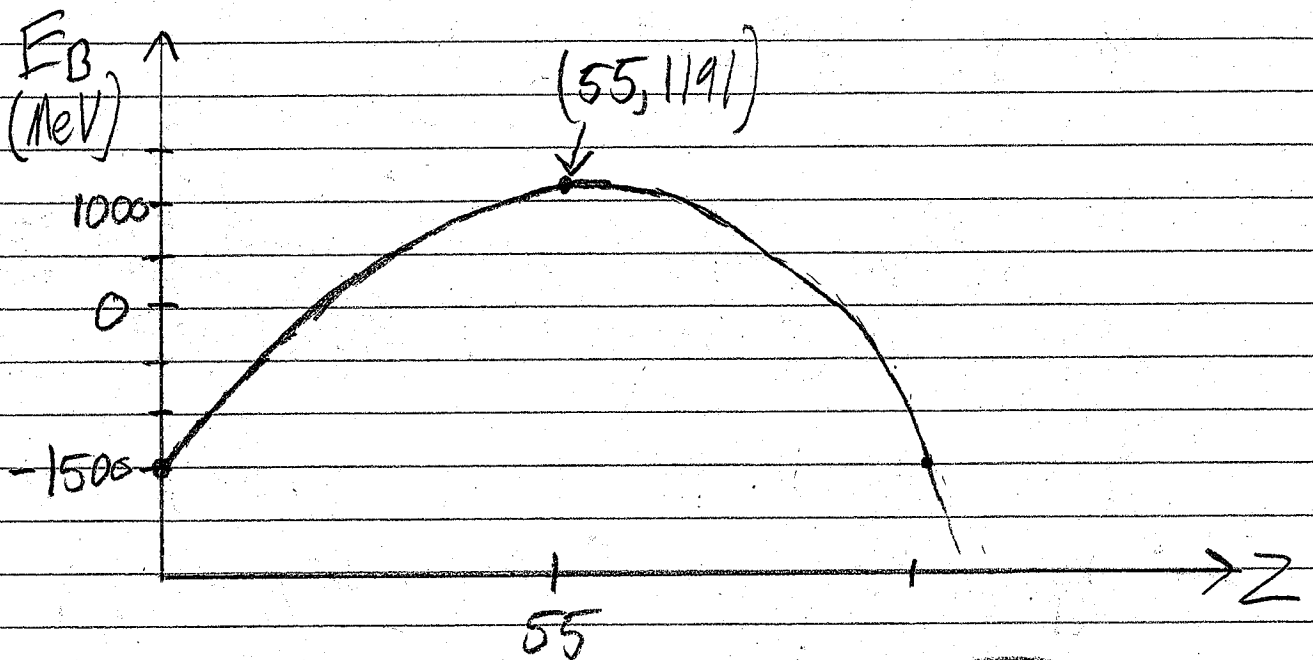
[1]
(5.1)

We want to find the integer Z for which $A=127$ is stable. This occurs at the max of $E_B(Z, N) = C_v A - C_s A^{2/3} - C_c \left(\frac{Z(Z-1)}{A^{1/3}} \right)$

$$- C_{sym} \left[\frac{(N-Z)^2}{A} \right] + \frac{\Delta}{A^{1/2}}$$

Weizsäcker mass formula

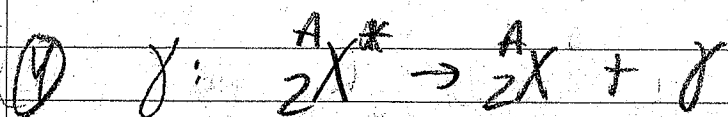
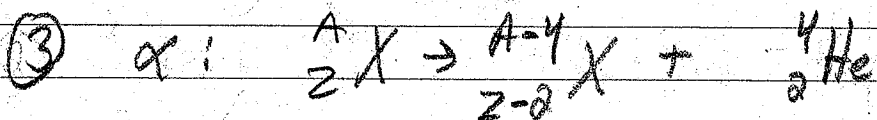
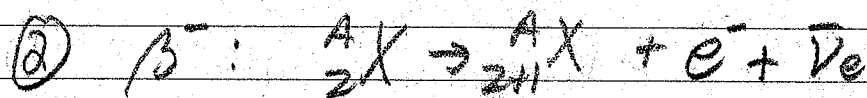
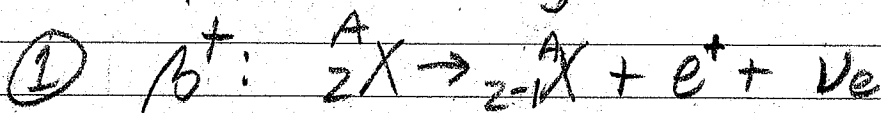
where the constant C_{ij} are given by (5.19)



\Rightarrow Max (E_B) occurs at $Z=55$

	E_B (MeV)	
For $Z=48$:	1144	} $ \Delta E = 12$ MeV
$Z=49$:	1156.2	
and $Z=57$:	1188.2	} $ \Delta E = 4$ MeV
$Z=58$:	1194	

The possible decays are:



For ① or ②, we need $E_B(Z, A) < E_B(Z \mp 1, A) - m_e$

and for ③, we need $E_B(Z, A) < E_B(Z-2, A-4) - E_B(2, 4)$

① For $A=127$ and $Z=48$, $E_B(48, 127) = \boxed{1144 \text{ MeV}}$

$\Rightarrow E_B(47, 127) - m_e = 1129.5 \text{ MeV}$

$\Rightarrow E_B(49, 127) - m_e = \boxed{1155.7 \text{ MeV}}$

$\Rightarrow E_B(46, 123) - E_B(2, 4) = 1082.1 \text{ MeV}$

$\Rightarrow \boxed{Z=48 \text{ will } \beta^- \text{ decay to } Z=49}$

2) For $A=127$ and $Z=49$, $E_B(49,127) = 1156.2 \text{ MeV}$

$\Rightarrow E_B(48,127) - m_e = 1143.5 \text{ MeV}$

$\Rightarrow E_B(50,127) - m_e = 1166 \text{ MeV}$

$\Rightarrow E_B(47,123) - E_B(2,4) = 1095.4 \text{ MeV}$

$\Rightarrow Z=49$ will β^- decay to $Z=50$

3) For $A=127$ and $Z=57$, $E_B(57,127) = 1188.2 \text{ MeV}$

$\Rightarrow E_B(56,127) - m_e = 1190 \text{ MeV}$

$\Rightarrow E_B(58,127) - m_e = 1183.5 \text{ MeV}$

$\Rightarrow E_B(55,123) - E_B(2,4) = 1134.5 \text{ MeV}$

$\Rightarrow Z=57$ will β^+ decay to $Z=56$

4) For $A=127$ and $Z=58$, $E_B(58,127) = 1184 \text{ MeV}$

$\Rightarrow E_B(57,127) - m_e = 1187.7 \text{ MeV}$

$\Rightarrow E_B(59,127) - m_e = 1177.6 \text{ MeV}$

$\Rightarrow E_B(56,123) - E_B(2,4) = 1131 \text{ MeV}$

$\Rightarrow Z=58$ will β^+ decay to $Z=57$

The decay energies are:

1) $Q = 11.7 \text{ MeV}$

2) $Q = 9.8 \text{ MeV}$

3) $Q = 1.8 \text{ MeV}$

4) $Q = 3.7 \text{ MeV}$

We assume $\Gamma \approx \frac{G_F^2 Q^5}{(4\pi)^3}$, $G_F = 1.1664 \times 10^{-5} \text{ GeV}^{-2}$

so $\tau = \frac{1}{\Gamma}$ and $\hbar = 1 = 6.582 \times 10^{-22} \text{ MeV}\cdot\text{s}$

1) $\tau = 0.04 \text{ s}$

2) $\tau = 0.1 \text{ s}$

3) $\tau = 508 \text{ s}$

4) $\tau = 14 \text{ s}$

2) We have $H_{so} = -\frac{\vec{S} \cdot \vec{L}}{m r^2}$ and want to find

the A dependence of C_{so} in the expression

$$E_{so} = -\frac{C_{so}}{a} \left[j(j+1) - l(l+1) - s(s+1) \right]$$

We also want C_{so} such that for ${}^5\text{He}$ we have $|E_{so}(j=\frac{3}{2}) - E_{so}(j=\frac{1}{2})| = 4 \text{ MeV}$

$\Rightarrow {}^5\text{He}$ has $l=1$ and we know that $s=\frac{1}{2}$

$\Rightarrow E_{so}(j=\frac{3}{2}) = -\frac{C_{so}}{a}$, $E_{so}(j=\frac{1}{2}) = C_{so}$

$$\Rightarrow \Delta E = \frac{3}{2} C_{so} \equiv 4 \text{ MeV} \Rightarrow \boxed{C_{so} = \frac{8}{3} \text{ MeV}}$$

To get the A -dep., we have

$$H_{so} \psi = E_{so} \psi = -\frac{1}{m r^2} (\vec{S} \cdot \vec{L}) \psi$$

$$\Rightarrow \text{Use } \vec{J} = \vec{S} + \vec{L}, \text{ so } \vec{J}^2 = \vec{S}^2 + \vec{L}^2 + 2\vec{S} \cdot \vec{L}$$

$$\text{and thus } \vec{S} \cdot \vec{L} = \frac{1}{2} (\vec{J}^2 - \vec{L}^2 - \vec{S}^2)$$

$$\text{Use } \vec{J}^2 \psi = j(j+1) \psi, \vec{L}^2 = l(l+1) \psi, \vec{S}^2 \psi = s(s+1) \psi$$

Thus, we get $\boxed{C_{so} = \frac{1}{m r^2}}$

Since m is the particle's mass, $m \sim A$

Also, the radial distance r can be associated to the nuclear radius which scales as $\sim A^{1/3}$

$$\Rightarrow \boxed{C_{so}} \sim \frac{1}{A} \cdot \frac{1}{A^{2/3}} \sim \boxed{A^{-5/3}}$$

3
(5.4)

Isomers have a long half-life due to the excited state being stable. According to the shell model certain values of Z and N , so for $A = Z + N$ as well, lead to particularly stable nuclei because they are well bound. Thus, many nuclei with Z and A close to these "magic" values will all be isomers, hence the concept of "islands of isomerism".

For ${}_{38}^{85}\text{Sr}^*$ to decay to ${}_{38}^{85}\text{Sr}$ it must undergo gamma decay and emit a photon.

This however means that $|\Delta j| = 1$, but ${}_{38}^{85}\text{Sr}^*$ has spin $\frac{1}{2}$ while ${}_{38}^{85}\text{Sr}$ has spin $\frac{9}{2}$ so $|\Delta j| = 4$. Thus, the gamma decay is "forbidden" by the high spin change involved, which lead to a longer half-life.

4
(53)

We want to use the expressions for matrix elements:

$$\textcircled{1} \langle b | \hat{S}^{(a)} | i \rangle = \frac{1}{2} \sum_{abcd} \langle ab | \vec{\sigma}_{ac} \cdot \vec{\sigma}_{bd} | cd \rangle$$

$$\textcircled{2} \langle b | \hat{S}^{(a)} | i \rangle = \frac{1}{2} \sum_{abcd} \langle ab | \vec{\sigma}_{bd} \cdot \vec{\sigma}_{ac} | cd \rangle$$

Also, $\sigma^1 := \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$, $\sigma^2 := \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}$, $\sigma^3 := \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$

$\textcircled{1}$ We want $S_X^{(a)} = \begin{pmatrix} \textcircled{1} & \textcircled{2} & \cdot & \cdot \\ \cdot & \cdot & \cdot & \cdot \\ \cdot & \cdot & \cdot & \cdot \\ \cdot & \cdot & \cdot & \cdot \end{pmatrix} \begin{matrix} \rightarrow \langle \uparrow \uparrow \\ \rightarrow \langle \downarrow \uparrow \\ \rightarrow \langle \uparrow \downarrow \\ \rightarrow \langle \downarrow \downarrow \end{matrix}$
 $\begin{matrix} \downarrow \\ \downarrow \\ \downarrow \\ \downarrow \end{matrix} \begin{matrix} | \uparrow \uparrow \rangle \\ | \uparrow \downarrow \rangle \\ | \downarrow \uparrow \rangle \\ | \downarrow \downarrow \rangle \end{matrix}$

For example, the top left entry $\textcircled{1}$ is given by $\frac{\sigma_{ac}^1 \sigma_{bd}^1}{2}$ for $a=b=c=d \equiv \uparrow$, so $\frac{\sigma_{\uparrow\uparrow}^1 \cdot \sigma_{\uparrow\uparrow}^1}{2} = \underline{\underline{0}}$

Then $\textcircled{2}$ is $a=b=\uparrow$, $c=\downarrow$ and $d=\uparrow$, so this gives $\frac{1}{2} \cdot \sigma_{\uparrow\downarrow}^1 \cdot \sigma_{\uparrow\uparrow}^1 = \frac{1}{2} \cdot 1 \cdot 1 = \underline{\underline{\frac{1}{2}}}$

Doing so for all $a, b, c, d \in \{\uparrow, \downarrow\}$ gives us the required results for $\textcircled{1}$ and $\textcircled{2}$.

We can calculate $\vec{z}^{(1)} \cdot \vec{z}^{(1)} = (\sigma_x^{(1)})^2 + (\sigma_y^{(1)})^2 + (\sigma_z^{(1)})^2$

$$\Rightarrow (\vec{z}^{(1)})^2 = \frac{1}{4} \left[\begin{pmatrix} \sigma_x & 0 \\ 0 & \sigma_x \end{pmatrix} \begin{pmatrix} \sigma_x & 0 \\ 0 & \sigma_x \end{pmatrix} + \begin{pmatrix} \sigma_y & 0 \\ 0 & \sigma_y \end{pmatrix} \begin{pmatrix} \sigma_y & 0 \\ 0 & \sigma_y \end{pmatrix} + \begin{pmatrix} \sigma_z & 0 \\ 0 & \sigma_z \end{pmatrix} \begin{pmatrix} \sigma_z & 0 \\ 0 & \sigma_z \end{pmatrix} \right]$$
$$= \frac{1}{4} \left[\begin{pmatrix} \sigma_x^2 & 0 \\ 0 & \sigma_x^2 \end{pmatrix} + \begin{pmatrix} \sigma_y^2 & 0 \\ 0 & \sigma_y^2 \end{pmatrix} + \begin{pmatrix} \sigma_z^2 & 0 \\ 0 & \sigma_z^2 \end{pmatrix} \right]$$

(But $\sigma_i^2 = \mathbb{I}$)

$$= \frac{1}{4} \begin{pmatrix} 3 \cdot \mathbb{I} & 0 \\ 0 & 3 \cdot \mathbb{I} \end{pmatrix} = \boxed{\frac{3}{4} \mathbb{I}}$$

Similarly for $\vec{z}^{(2)} \cdot \vec{z}^{(2)} = \boxed{\frac{3}{4} \mathbb{I}}$

We get the eigenvalues of $(\vec{z})^2 = (\vec{z}^{(1)} + \vec{z}^{(2)})^2$
using $\underbrace{(\vec{z} \cdot \vec{z}) - \lambda \mathbb{I}}_{(*)} \equiv 0$ and taking $\det(*) = 0$

$$\Rightarrow \vec{z} \cdot \vec{z} = (\vec{z}^{(1)})^2 + (\vec{z}^{(2)})^2 + \vec{z}^{(1)} \cdot \vec{z}^{(2)} + \vec{z}^{(2)} \cdot \vec{z}^{(1)}$$

$$= \begin{pmatrix} 2 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 0 & 0 & 2 \end{pmatrix}$$

$$\Rightarrow \det \begin{pmatrix} 2-\lambda & 0 & 0 & 0 \\ 0 & 1-\lambda & 1 & 0 \\ 0 & 1 & 1-\lambda & 0 \\ 0 & 0 & 0 & 2-\lambda \end{pmatrix} = (2-\lambda)(2-\lambda)[(1-\lambda)^2 - 1]$$

$$= (2-\lambda)^2(1-2\lambda+\lambda^2-1) = (2-\lambda)^2(\lambda^2-2\lambda) \\ = (\lambda-2)^3 \lambda \equiv 0$$

$$\Rightarrow \boxed{\lambda=0} \text{ or } \boxed{\lambda=2}$$

↳ threefold degenerate

[5]
(5.6)

We want the explicit form of

$$\vec{r}^{(1)}, \vec{r}^{(2)} = \frac{1}{4} \left(\tau_1^{(1)} \cdot \tau_1^{(2)} + \tau_2^{(1)} \cdot \tau_2^{(2)} + \tau_3^{(1)} \cdot \tau_3^{(2)} \right)$$

where $\tau_i^{(1)}, \tau_i^{(2)}$ are exactly the same as the $S_i^{(1)}, S_i^{(2)}$ from the previous question by

comparing (5.30), (5.31) with (5.40), (5.41)

With basis like in 4) but with $\uparrow \equiv P, \downarrow \equiv N$

$$\Rightarrow \boxed{\vec{r}^{(1)}, \vec{r}^{(2)}} = \frac{1}{4} \left[\begin{pmatrix} \sigma_x & 0 \\ 0 & \sigma_x \end{pmatrix} \begin{pmatrix} 0 & I \\ I & 0 \end{pmatrix} + \begin{pmatrix} \sigma_y & 0 \\ 0 & \sigma_y \end{pmatrix} \begin{pmatrix} 0 & -iI \\ iI & 0 \end{pmatrix} + \begin{pmatrix} \sigma_z & 0 \\ 0 & \sigma_z \end{pmatrix} \begin{pmatrix} I & 0 \\ 0 & -I \end{pmatrix} \right]$$

$$= \frac{1}{4} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 2 & 0 \\ 0 & 2 & -1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$

We have $V = V_0 I + V_1 \frac{\sigma_x}{2} + V_2 \frac{\sigma_y}{2}$

$$= \begin{pmatrix} V_0 + \frac{V_1}{4} & 0 & 0 & 0 \\ 0 & V_0 - \frac{V_1}{4} & \frac{V_2}{2} & 0 \\ 0 & \frac{V_2}{2} & V_0 - \frac{V_1}{4} & 0 \\ 0 & 0 & 0 & V_0 + \frac{V_1}{4} \end{pmatrix}$$

Thus, $\langle nn | V | nn \rangle = V_0 + \frac{V_1}{4}$

$$\langle np | V | np \rangle = \frac{V_2}{2}$$

$$\langle nn | V | np \rangle = 0$$

$$\langle pp | V | pp \rangle = V_0 + \frac{V_1}{4}$$

Exercise 5.7

$$\mathcal{M} = 16G_F^2 C^2 |V_{ud}|^2 [2(k \cdot q)(r \cdot q) - q^2(k \cdot r)]$$

Three-body decay in rest-frame:

$$\begin{aligned} \frac{d\Gamma}{d^3\mathbf{q} \cdot d^3\mathbf{k} \cdot d^3\mathbf{r}} &= \frac{1}{2E_A} \left[\frac{\mathcal{M}}{[(2\pi)^3 2E_B][(2\pi)^3 2E_e][(2\pi)^3 2E_\nu]} \right] (2\pi)^4 \delta^4(p - q - k - r) \\ &= \frac{16G_F^2 C^2 |V_{ud}|^2 [2(k \cdot q)(r \cdot q) - q^2(k \cdot r)]}{16(2\pi)^5 E_A E_B E_e E_\nu} \delta^4(p - q - k - r) \\ \frac{d\Gamma}{d^3\mathbf{q} \cdot d^3\mathbf{k}} &= \int d^3\mathbf{r} \frac{G_F^2 C^2 |V_{ud}|^2 [2(k \cdot q)(r \cdot q) - q^2(k \cdot r)]}{(2\pi)^5 E_A E_B E_e E_\nu} \delta^4(p - q - k - r) \\ &= \frac{G_F^2 C^2 |V_{ud}|^2 [2(k \cdot q)(r \cdot q) - q^2(k \cdot r)]}{(2\pi)^5 E_A E_B E_e E_\nu} \delta(m_A - E_B - E_e - E_\nu) \Big|_{0=\mathbf{q}+\mathbf{k}+\mathbf{r}} \\ \frac{d\Gamma}{d^3\mathbf{k}} &= \frac{G_F^2 C^2 |V_{ud}|^2}{(2\pi)^5} \int |\mathbf{q}|^2 d|\mathbf{q}| \int_0^{2\pi} d\phi \int_0^\pi \sin\theta d\theta \frac{[2(k \cdot q)(r \cdot q) - q^2(k \cdot r)]}{E_A E_B E_e E_\nu} \delta(m_A - E_B - E_e - E_\nu) \\ &= \frac{G_F^2 C^2 |V_{ud}|^2}{(2\pi)^4} \int |\mathbf{q}|^2 d|\mathbf{q}| \int_0^\pi \sin\theta d\theta \frac{[2(k \cdot q)(r \cdot q) - q^2(k \cdot r)]}{E_A E_B E_e E_\nu} \delta(m_A - E_B - E_e - E_\nu) \end{aligned}$$

Where

$$\int dx f(x) \delta(g(x)) = \frac{f(x_0)}{|g'(x_0)|} \quad \text{such that } g(x_0) = 0$$

$$\begin{aligned} E_e + E_\nu &= \sqrt{|\mathbf{k}|^2 + m_e^2} + \sqrt{|\mathbf{r}|^2 + m_\nu^2} \\ (E_e + E_\nu)^2 &= |\mathbf{k}|^2 + m_e^2 + |\mathbf{k}|^2 + 2E_1 E_2 \\ &= |\mathbf{k}|^2 + 2\mathbf{k} \cdot \mathbf{r} + |\mathbf{k}|^2 + 2E_1 E_2 - 2\mathbf{k} \cdot \mathbf{r} + m_e^2 + m_\nu^2 \\ &= |\mathbf{k} + \mathbf{r}|^2 - 2\mathbf{k} \cdot \mathbf{r} + m_e^2 + m_\nu^2 \end{aligned}$$

So

$$\begin{aligned} \left| \frac{d}{d|\mathbf{q}|} (m_A - E_B - E_e - E_\nu) \right| &= \frac{|\mathbf{q}|}{E_B} + \frac{|\mathbf{q}|}{E_e + E_\nu} = \frac{m_A |\mathbf{q}|}{E_B (E_e + E_\nu)} \\ \frac{d\Gamma}{d^3\mathbf{k}} &= \frac{G_F^2 C^2 |V_{ud}|^2}{(2\pi)^4} \int_0^\pi \sin\theta d\theta \frac{|\mathbf{q}|^2 [2(k \cdot q)(r \cdot q) - q^2(k \cdot r)]}{m_A E_B E_e E_\nu} \left(\frac{E_B (E_e + E_\nu)}{m_A |\mathbf{q}|} \right) \Big|_{m_A = E_B + E_e + E_\nu} \\ &= \frac{G_F^2 C^2 |V_{ud}|^2}{(2\pi)^4} \int_0^\pi \sin\theta d\theta \frac{|\mathbf{q}| (E_e + E_\nu) [2(k \cdot q)(r \cdot q) - q^2(k \cdot r)]}{m_A^2 E_e E_\nu} \end{aligned}$$

Conservation of momentum in the decay rest frame implies that the momenta of the products lie in a plane. We can define θ to be the angle between any two and should be able to rewrite the dot products and carry out the integral. With simplification this should result in

$$\frac{d\Gamma}{d\mathbf{k}} = \frac{G_F^2 C^2 |V_{ud}|^2}{2(2\pi)^4} \left[\frac{[-(k-p)^2 - m_B^2]^2}{-(k-p)^2} \right]$$

Independent of electron direction, we can integrate over $d\Omega$ and rewrite the result in terms of E_e :

$$\begin{aligned} \frac{d\Gamma}{dE_e} &= \int \frac{d\Gamma}{d^3\mathbf{k}} d\Omega \cdot \frac{d|\mathbf{k}|}{dE_e} |\mathbf{k}|^2 \\ &= 4\pi \frac{d\Gamma}{d^3\mathbf{k}} \cdot \frac{d}{dE_e} \left(\sqrt{E_e^2 - m_e^2} \right) \cdot (E_e^2 - m_e^2) \\ &= \frac{4\pi G_F^2 C^2 |V_{ud}|^2}{2(2\pi)^4} \left[\frac{[-(k-p)^2 - m_B^2]^2}{-(k-p)^2} \right] E_e \sqrt{E_e^2 - m_e^2} \\ &= \frac{G_F^2 C^2 |V_{ud}|^2}{(2\pi)^3} \left[\frac{[m_A^2 + m_e^2 - 2E_e m_A - m_B^2]^2}{m_A^2 + m_e^2 - 2E_e m_A} \right] E_e \sqrt{E_e^2 - m_e^2} \\ &\approx \frac{G_F^2 C^2 |V_{ud}|^2}{(2\pi)^3} \left[\frac{[m_A^2 - 2E_e m_A - m_B^2]^2}{m_A^2 - 2E_e m_A} \right] E_e \sqrt{E_e^2 - m_e^2} \\ &= \frac{G_F^2 C^2 |V_{ud}|^2}{(2\pi)^3} \left(\frac{m_A E_e}{m_A - 2E_e} \right) \left[\frac{[2E_e m_A + m_B^2 - m_A^2]^2}{m_A^2} \right] E_e \sqrt{E_e^2 - m_e^2} \end{aligned}$$

Where

$$Q^2 = m_A^2 - 2m_A m_B + m_B^2 \implies m_b^2 - m_A^2 = Q^2 - 2m_A^2 - 2m_A m_B$$

$$\begin{aligned} \frac{d\Gamma}{dE_e} &= \frac{G_F^2 C^2 |V_{ud}|^2}{(2\pi)^3} \left(\frac{m_A E_e}{m_A - 2E_e} \right) \left[\frac{[2E_e m_A + Q^2 - 2m_A^2 - 2m_A m_B]^2}{m_A^2} \right] \sqrt{E_e^2 - m_e^2} \\ &= \frac{G_F^2 C^2 |V_{ud}|^2}{(2\pi)^3} \left(\frac{m_A E_e}{m_A - 2E_e} \right) [2E_e - 2m_A - 2m_B]^2 \sqrt{E_e^2 - m_e^2} \end{aligned}$$

$$\boxed{\frac{d\Gamma}{dE_e} = \frac{G_F^2 C^2 |V_{ud}|^2}{2\pi^3} \left(\frac{m_A E_e}{m_A - 2E_e} \right) (E_e - Q)^2 \sqrt{E_e^2 - m_e^2}}$$

The minimum energy occurs when $|\mathbf{k}| = 0 \implies E_{\min} = m_e \approx 0$. Whereas maximum energy occurs when all momentum is split amongst \mathbf{k}, \mathbf{q} . Neglecting m_ν so it is like a 2-body decay and neglecting m_e , $E_{\max} \approx p \approx \frac{m_A^2 - m_B^2}{2m_A} \sim Q$.

Performing the final integral,

$$\begin{aligned}
\Gamma &= \int dE_e \frac{d\Gamma}{dE_e} \\
&= \int_0^{E_{\max}} dE_e \frac{G_F^2 C^2 |V_{ud}|^2 m_A}{2\pi^3} \left(\frac{E_e}{m_A - 2E_e} \right) (E_e - Q)^2 \sqrt{E_e^2 - m_e^2} \\
&\approx \frac{G_F^2 C^2 |V_{ud}|^2 m_A}{2\pi^3} \int_0^{E_{\max}} \left(\frac{E_e^2}{m_A - 2E_e} \right) (E_e - Q)^2
\end{aligned}$$

Using Wolfram Alpha for expansion and partial fractions

$$\begin{aligned}
\Gamma &\approx \frac{G_F^2 C^2 |V_{ud}|^2 m_A}{2\pi^3} \int_0^{E_{\max}} dE_e \frac{-m_A^4 + 4m_A^3 Q - 4m_A^2 Q^2}{16(2E_e - m_A)} - \frac{1}{4} E_e^2 (m_A - 4Q) - \frac{1}{8} E_e (m_A - 2Q)^2 \\
&\quad - \frac{1}{16} m_A (m_A - 2Q)^2 - \frac{E_e^3}{2} \\
&= \frac{G_F^2 C^2 |V_{ud}|^2 m_A}{2\pi^3} \left[\frac{-m_A^4 + 4m_A^3 Q - 4m_A^2 Q^2}{32} \ln(m_A - 2E_e) - \frac{1}{12} E_e^3 (m_A - 4Q) - \frac{1}{16} E_e^2 (m_A - 2Q)^2 \right. \\
&\quad \left. - \frac{1}{16} E_e m_A (m_A - 2Q)^2 - \frac{E_e^4}{8} \right]_0^{E_{\max}} \\
&= \frac{G_F^2 C^2 |V_{ud}|^2 m_A^5}{2\pi^3} \left[\frac{-1 + 4\Delta - 4\Delta^2}{32} \ln(1 - 2\Delta) - \frac{1}{12} \Delta^3 (1 - 4\Delta) - \frac{1}{16} \Delta^2 (1 - 2\Delta)^2 - \frac{1}{16} \Delta (1 - 2\Delta)^2 - \frac{\Delta^4}{8} \right]_0^{E_{\max}} \\
&= \frac{G_F^2 C^2 |V_{ud}|^2 m_A^5}{2\pi^3} \left[\frac{-(2\Delta - 1)^2}{32} \ln(1 - 2\Delta) - \frac{\Delta^3}{12} + \frac{\Delta^4}{3} - \frac{\Delta^2}{16} + \frac{\Delta^3}{4} - \frac{\Delta^4}{4} - \frac{\Delta}{16} + \frac{\Delta^2}{4} - \frac{\Delta^3}{4} - \frac{\Delta^4}{8} \right] \\
&= \frac{G_F^2 C^2 |V_{ud}|^2 m_A^5}{2\pi^3} \left[\frac{-(2\Delta - 1)^2}{32} \ln(1 - 2\Delta) - \frac{\Delta^4}{24} - \frac{\Delta^3}{12} + \frac{3\Delta^2}{16} - \frac{\Delta^4}{16} \right] \\
\Gamma &= \frac{G_F^2 C^2 |V_{ud}|^2 m_A^5}{2\pi^3} \left(\frac{-1}{4} \right) \left[\frac{1}{2} \left(\Delta - \frac{1}{2} \right) \ln(1 - 2\Delta) + \frac{\Delta^4}{6} + \frac{\Delta^3}{3} - \frac{3\Delta^2}{4} + \frac{\Delta}{4} \right]
\end{aligned}$$